

2009 Pinellas Aquatic League Championship	
July 18-19, 2009	
Sanctioned By:	Florida Swimming of USA # <u>4885</u>
Hosted By:	East Lake Woodlands EELS Swim Team, Oldsmar Florida
Condition of Sanction:	The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming
Type of Meet:	Closed Meet
	25 Yard Short Course
	6 & Under Timed Finals, Relay Timed Finals
	8 & Under, 10 & Under, 11-12, 13-14, Seniors
	preliminaries, finals and consolation finals.
	Championship finals will be swum prior to consolation finals.
	Saturday and Sunday July 18 and 19, 2009
Date and Time:	Session I will begin at 8:00 AM, Saturday and Sunday
	Session I I will not start before 10:30 AM
	Finals will begin at 5:00 PM on Saturday and 4:30 PM on Sunday
	Warm-up for morning prelims begins at 7 am both days.
	Warm-up for finals begins 4:00pm Saturday and 3:30pm Sunday.
	North Shore Pool
Location:	901 North Shore Drive NE
	St. Petersburg, FL 33701
	Certified 25 yard outdoor heated pool, non-turbulent lanes,
Pool Specs:	10 lanes for prelims, 8 lanes for finals
	A buffer lane is provided with multiple lanes for continuous warm-up, warm-down.
	Racing lanes have a minimum depth of 4 feet.
	All 25 yard events will start at the south end of the pool.
	Colorado Timing System with Scoreboard
Timing Equipment:	
	General warm up: 7:00 AM for Session I prelims
Warm-up:	General warm up: 45 minutes guaranteed for Session II prelims
	One hour warm up prior to each Final Session - 4pm for Saturday and 3:30 for Sunday.
	Teams will be assigned warm-up lanes based upon number of swimmers.
	Continuous warm up and warm down during meet in multiple lanes.
	Open to all registered USA Swimming athletes who are members of invited
Eligibility:	summer teams in good standing with Pinellas Aquatic League
	25 yard short course times will be used for seeding.
Seeding:	

	PRE-LIMS: No penalty for scratches on the blocks.
Scratches:	<p>FINALS: Any swimmer who competes in a preliminary heat and qualifies in the top 16 as originally seeded, must swim in that event's final or consolation final; or must submit their intention to scratch from that event within 30 minutes of the announcement of qualifiers. Swimmers may reverse their intention to scratch and choose to be seeded for finals if they do so within 30 minutes of their last event of the day. Any swimmer seeded in a final who fails to swim that event will be barred from further competition in the meet, unless excused by the Meet Referee because of illness or emergency. The Meet Referee must be notified prior to the event taking place.</p> <p>Coaches are encouraged to scratch swimmers seeded in the top 24 if not returning for finals.</p> <p>If there is an open lane in Championship finals, the fastest qualifier in consolation finals will be offered that lane. Designated alternates wishing to swim in open lanes in consolation finals must check in with the deck referee and stand at the starters table ready to swim when the swimmers are called to the blocks. Only the starter may call for alternates.</p>
	Limited to (3) three individual events and (2) two relays per swimmer
Entry Limit:	Each team may enter only one relay team per event.
	Over entries will automatically be dropped when they exceed the limit in the meet.
	Entries must be submitted on HyTek export format accompanied by a
Entry Form:	<p>hard copy and payment. Teams choosing to submit entries on form only will be charged an additional \$50.00. Entries will be accepted via e-mail to Eva Gronke at Eva@SwimResultsByTrg.com or on a 1.44 megabyte disk. E-mail or disk entries must be accompanied by a backup hard copy of the entry, list of all attending coaches, contact phone numbers, and a summary of financial information as outlined on the Master Entry Form. Current USA swimming registration number, full name, age, and entry time must be listed. All entry and Master Entry Forms must be signed.</p> <p>NO DECK ENTRIES</p>
	\$2.50 per individual timed final event
Entry Fee:	\$3.50 per prelim/final event
	\$4.50 per relay timed final event
	\$7.50 facility fee per swimmer
	Entries must be received via email by Thursday July 9, 2009.
Entry Deadline:	Submit E-mail entries:
	Eva Gronke 727-644-5952
	Email: Eva@SwimResultsByTrg.com
	Mail Hardcopies, and checks by Thursday July 9, 2009
	Dori Hazama: 40 Stanton Circle, Oldsmar, FL 34677
	Checks made payable to ELW Swim Team must accompany the entry.

Volunteer Details:	Each team is required to submit the list of volunteers and chaperones by Thursday July 9, 2009. Email the detailed form to dori hazama@juno.com.
Finals:	Each Championship Final will be swum first so that vacancies can be filled from the Consolation Final. Consolation Final qualifiers are asked to be at designated block to be considered for any vacancies in Championship Final. Alternate Final qualifiers are asked to be standing behind Starter at the time of the related Consolation Final.
Scoring:	Individual Finals: 20-17-16-15-14-13-12-11 Consolations: 9-7-6-5-4-3-2-1 (6 & Under Individual events will be scored to 16 places)
	Relays: Finals: 40-34-32-30-28-26-24-22
Awards:	Individual Events: 1st - 3rd Medals, 4th - 8th Rosettes, 9th - 16th Ribbons Relay Events: 1st - 3rd Medals, 4th - 8th Custom Ribbons Team: 1st - 3rd Trophies for Girls Team, Boys Team, & Combined Team High Point: 1st - 3rd award for girls and boys each age group
Rules:	2009 USA Swimming Rules and PAL By-Laws will govern the Meet. Declared false starts and deliberate delays of the meet will be treated the same as "failure to swim". NO PARENT'S OR SPECTATORS ARE ALLOWED ON DECK UNLESS THEY ARE TIMERS OR CHAPERONES WITH PASSES.
Team Rep:	Prior to the start of the meet, the name of one person, other than the Coach, who will check with the referee about any matters pertaining to the meet may be given to the referee. For each team, the Coach and that person ONLY will be recognized.
Meet Requirements:	Each team is responsible for providing timers and chaperones.
Chaperones:	Each team will be allowed chaperones on the pool deck for their swimmers. Teams with 50 or less swimmers will be allowed 3 chaperones and 50 or more swimmers will be allowed 5 chaperones. ELW will provide lanyards with id badges for each chaperone. Each team will be provided with 5 complimentary heat sheets for coaches and chaperones. Teams must submit a list of chaperones by July 9th via email to: dori hazama@juno.com.
Timers:	Each team must provide 3 timers for Session I, Session II, and Finals both days of the meet. Team must submit a list of timers by July 9th via email to: dori hazama@juno.com
Officials:	Head Referee: Mark Reder Starter: Eva Gronke Head Stroke and Turn: Bob Bentz

	Safety Marshall: Jerry Karp
	Dori Hazama 727-458-6868 dori hazama@juno.com
Meet Manager:	
	All coaches and officials must be prepared to provide current proof of
Identification:	membership in USA Swimming and shall wear their USA Swimming Card
	in a conspicuous location at all times while on the pool deck during the
	swim meet.
	Absolutely no equipment at any time. Swimmers must enter the water
Warm Up	feet first with at least one hand in contact with the pool deck, except when
Procedures:	executing a controlled racing start, supervised by a coach.
	Lanes 13-18 available for warm up and warm down only
During the Meet:	
	7:15 AM Saturday - Hospitality Room
Officials Meeting:	
	7:45 AM Saturday - Hospitality Room
Coaches Meeting:	
	Coaches you may contact: Tonya Rainbolt, 727-244-5041 or
For Information:	Dori Hazama, 727-458-6868

Pinellas Aquatic League Championship Order of Events

Saturday, July 18, 2009
Session I

Finals will be swum in event number order excluding the timed final events.

Warm up begins at 7:00 AM; Meet begins at 8:00 AM

Finals begin at 5:00 PM Saturday. Warm up 1 hour prior to Finals.

Event #	Age Group	Distance & Stroke
7-8	11-12	50 Yard Freestyle
9-10	13-14	100 Yard Freestyle
11-12	15-18	100 Yard Freestyle
17-18	11-12	200 Yard Individual Medley
19-20	13-14	200 Yard Individual Medley
21-22	15-18	200 Yard Individual Medley
35-36*	11-12	200 Yard Free Relay
37-38*	13-14	200 Yard Free Relay
39-40*	Open	200 Yard Free Relay

Saturday, July 18, 2009
Session II

Session II will not begin prior to 10:30 AM. Guaranteed 45 minute Warm Up

Event #	Age Group	Distance & Stroke
1-2*	6 & Under	25 Yard Freestyle
3-4	8 & Under	25 Yard Freestyle
5-6	10 & Under	50 Yard Freestyle
13-14	8 & Under	100 Yard Individual Medley
15-16	10 & Under	100 Yard Individual Medley
23-24*	6 & Under	25 Yard Backstroke
25-26*	8 & Under	25 Yard Backstroke
27-28	10 & Under	50 Yard Backstroke
29-30*	6 & Under	100 Yard Free Relay
31-32*	8 & Under	100 Yard Free Relay
33-34*	10 & Under	200 Yard Free Relay

* Denotes Timed Finals – To be swum with Preliminaries

Lunch will be served for coaches and officials at the conclusion of Session II

Warm up begins at 4:00 PM

Finals begin at 5:00 PM

Sunday, July 19, 2009 Session I
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Finals will be swum in event number order excluding the timed final events.

Warm up begins at 7:00 AM; Meet begins at 8:00 AM

Finals begin at 4:30 PM Sunday. Warm up 1 hour prior to Finals

Event #	Age Group	Distance & Stroke
41-42	13-14	50 Yard Freestyle
43-44	15-18	50 Yard Freestyle
51-52	13-14	100 Yard Breaststroke
53-54	15-18	100 Yard Breaststroke
61-62	13-14	100 Yard Butterfly
63-64	15-18	100 Yard Butterfly
67-68	13-14	100 Yard Backstroke
69-70	15-18	100 Yard Backstroke
77-78*	13-14	200 Yard Medley Relay
79-80*	Open	200 Yard Medley Relay

Sunday, July 19, 2009 Session II

Session II will not begin prior to 10:30 AM

Guaranteed 45 minute Warm Up

Event #	Age Group	Distance & Stroke
65-66	11-12	50 Yard Backstroke
45-46	8 & Under	25 Yard Breaststroke
47-48	10 & Under	50 Yard Breaststroke
49-50	11-12	50 Yard Breaststroke
55-56	8 & Under	25 Yard Butterfly
57-58	10 & Under	50 Yard Butterfly
59-60	11-12	50 Yard Butterfly
71-72*	8 & Under	100 Yard Medley Relay
73-74*	10 & Under	200 Yard Medley Relay
75-76*	11-12	200 Yard Medley Relay

*** Denotes Timed Finals – To be swum with Preliminaries**

Lunch will be served for coaches and officials at the conclusion of Session II

Warm up begins at 3:30 PM

Finals begin at 4:30 PM

Master Entry Form PAL Championship Meet

Team Name: _____ Team Call Letters: _____

Address: _____

Coach: _____ Phone: _____

E-mail: _____

Swimmers / Coach Registration

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on the deck supervising during warm-up and competitive sessions at the meet.

Coach's Name

Team

I certify that all individuals listed are currently registered USA Swimming Coach Members and that I am a current registered Non-Athlete member.

Signature (Must be a USA Swim Member)

Team

Date

Entry Deadline

Entries must be received by Thursday, July 9, 2009, no later than 5:00 PM

Mail to: Dori Hazama Email: Eva@SwimResultsByTrg.com
40 Stanton Circle (Hy-Tek Format – Only)
Oldsmar, FL. 34677

(Check, Hardcopies of Entries, T-shirt orders, Volunteer List)

Financial Recap

We have entered the following:

Total Swimmers:

Girls 6 & under events	_____	@ \$2.50 each	=	\$ _____
Boys 6 & under events	_____	@ \$2.50 each	=	\$ _____
Girls Individual events	_____	@ \$3.50 each	=	\$ _____
Boys Individual events	_____	@ \$3.50 each	=	\$ _____
Girls Relay events	_____	@ \$4.50 each	=	\$ _____
Boys Relay events	_____	@ \$4.50 each	=	\$ _____
Facility Fee	_____	@ \$7.50 each	=	\$ _____
Total Fees				\$ _____